



NEWPORT HEALTHCARE

The Power of Parent Connection

Every moment matters. Every person matters.

ALUMNI PARENT PROFILE

Dorina L.

I am beyond grateful that my daughter had the opportunity to take back her power because of her stay at Newport. As parents, we want to see our children thrive and do well in school, at home, and in the world at large. We had witnessed a steady decline in our beautiful girl, who had reached a point where she hated every aspect of herself. Her hitting rock bottom and landing at Newport, after a few failed attempts at helping her, was the gift of a lifetime.

“Aha” Moment

“Life doesn’t have to be perfect to be wonderful” means the world to us. This artwork was created by our daughter, in gratitude to the woman who spent 18 hours patiently unraveling

and unknitting her tangled, matted hair. Her hair was symbolic of how our daughter felt about herself—unworthy and unloved. When she had the courage to ask for help, we knew she was on her way to taking back her life.

Newport’s alumni parents are sharing their experiences and inspirations. Read one parent’s story and be encouraged by their courage and strength in their family’s recovery journey.

newporthealthcare.com





Shift Happens

The most beautiful Mother's Day and Christmas gifts ever—perfectly symbolic of the transformation that has taken place for our family. She also gifted us a poem, written in gratitude for how our family hung in there and fought for her, believed in her, and never once gave up on her.



Get to know Dorina

Inspiration/Proud Moment

In the fall of 2019, our daughter was unsure whether she would graduate or even make it through Christmas alive.

Not only did she graduate, she scored high honors, excelled in her AP classes, and gave a speech on resiliency at her graduation ceremony.



Newport Experience

Resiliency isn't beating yourself up. It's not being hard on yourself because you think you deserve it. It's about knowing that you can ask for help and that there is going to be more to the journey. When you think you're at rock bottom, you are nowhere near as deep as you think you are.

Sometimes in life, we need to look up into the sky and know that there is light at the end of the tunnel.